



Daily Word

UNITY PUBLICATION

SEPTEMBER 1960

Pray with Silent Unity

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the mutual security of all mankind.

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PRAYER FOR ILLUMINATION: I take my stand for all that is in keeping with God. I think positively and make right decisions.

•

PRAYER FOR PROSPERITY: I take my stand for all that is in keeping with God. I am successful and prosperous.

•

PRAYER FOR HEALING: I take my stand for health and harmony. God's life renews, heals, and strengthens me.

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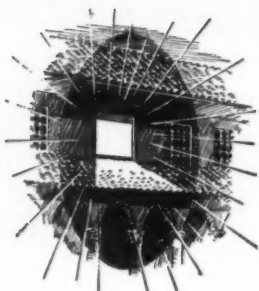
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God Is Your Help in Every Need

MAY ROWLAND

MANY VISITORS and students who come to Unity Village express themselves in this way:

"Being in Unity Village is like being in heaven." Perhaps heaven means something different to each individual, but we think of heaven as a harmonious, uplifted state of mind. You remember Jesus' answer to the Pharisee's question regarding the kingdom of God: "Neither shall they say, Lo, here! or There! for lo, the kingdom of God is within you."

Visitors get a harmonious, uplifted state of mind when they come to Unity Village because this is a place of prayer. This is the home of Silent Unity. The constant prayer work going on in Silent Unity releases a feeling of peace and security, a sense of well-being and spiritual uplift, into every part of the Unity work.

As the name *Silent Unity* implies, it identifies a work that is carried on behind the scenes. The

fact that prayer work is going on behind the scenes does not mean that it is a mysterious work. Silent Unity is a ministry of prayer, consecration, and service. It embodies teaching, healing, counseling, and the answering of a volume of correspondence.

With the Silent Unity ministry in mind, Charles Fillmore wrote: "A company of persons gathered in the name of Jesus Christ can build a spiritual place in the ether and make it a continuous spiritual battery, from which rays of energy and spiritual substance can be radiated to believing minds anywhere on earth.

"The Christ Mind will take up its abode in such a center of spiritual energy and co-operate with the minds in it in broadcasting health, wealth, and spiritual understanding everywhere."

With the Silent Unity workers in mind, Mr. Fillmore said: "Jesus Christ's men are to be lights that glow and glow with a perpetual current from the omnipresent energy." And this truly is our purpose.

Silent Unity is the great, loving heart of Unity. Its animating spirit is felt throughout the Unity movement and throughout the world. Silent Unity's power for good lies in its love for humanity and in its understanding of human nature, as well as in its deep appreciation of the divin-

ity that is found in every man.

Because we do our work with love in our heart, we are able to get closer to the hearts of people. They feel the love in our heart for them and they reveal their innermost feelings to us. Thus we are able to understand them and help them solve their problems.

This line from the hymn, "Sweet Bells of Heaven," reveals the close feeling we have for Jesus Christ:

"I hear the mystic pulses fall

Of One Great Heart that beats for all."

We feel at one with this great heart of Jesus Christ, which beats for all. We feel at one with the Christ in all humanity.

Because of our long association with people of every type, we understand their needs. We know the sorrows, the heartaches, the unrest, the disappointments, and the fears of humanity. We also understand the aspiration, the heartfelt desires, the goodness of mankind. The needs and the aspirations of humanity are poured out into this place of prayer every day.

Without intending to, many people reveal their goodness to us. They cannot hide their inner feeling and their inner goodness from us because we are interested in their welfare, in their progress, in their happiness, and in their spiritual develop-

ment and unfoldment.

When an individual asks the prayers of Silent Unity, his letters and his telegrams and his telephone calls are always held as a secret trust and are kept strictly confidential. Many persons are unable to reveal their hearts to their families or their friends, but they feel a need to unburden themselves. When they are led to come to Silent Unity for help, they can know that their thoughts and feelings will be understood and that we will pray with them without any feeling of curiosity, condemnation, or doubt.

Silent Unity is the loving ministry of Jesus Christ. Each day we consecrate ourselves to do His will and His work. When Jesus said: "I go to prepare a place for you . . . that where I am, *there* ye may be also," we believe that He meant a place in consciousness, a place where we are always conscious of the presence and the power of God working in and through us, a place where we know God is our help in every need. Through faithful prayer we have prepared a consciousness of healing, and we recognize Jesus Christ as the head of this work. We have practiced for years the idea of being lifted to the Jesus Christ consciousness of peace, love, and brotherhood. When we walk hand in hand with Jesus Christ, when we follow His wonderful teaching, there is no limit

to what we can do in His name.

The people who work in Silent Unity come from every part of the country, from every part of the world. Associated with the Silent Unity work is a training program for student ministers. In this group we have had students from all over the United States and also a German student, several students from Canada and England, three from Japan, one from China, several from Puerto Rico, and a student and teacher from France. These foreign students become a part of the Silent Unity prayer work, and they co-operate with us in every way by learning to write letters in their native language, as well as doing other work in the Silent Unity department.

Those who become associated with this ministry come to us first because of the call of the Spirit; then they are willing to study and work to prepare themselves in the best possible way to do the things that are required of them.

Every student minister, as well as every worker in Silent Unity, needs to be an efficient office worker and typist. We handle a large volume of correspondence promptly; to do this requires efficiency, as well as a great desire for spiritual development and an understanding of how to serve the wonderful ones who write to us.

I would say the following affirmation is char-

acteristic of the attitude of a good Silent Unity worker.

"I am alive, alert, awake, joyous, and enthusiastic about my work."

Sometimes we have been asked if it is not a little depressing to have the troubles of the world poured out upon us. No, it is not depressing because we know God is a help in every need. Joy was one of the keynotes of the work Charles and Myrtle Fillmore started. Mr. Fillmore loved to quote this lilting line:

"Let the old world wag as it will,
I will be gay and happy still."

And just as he was a happy man, this is a happy work.

We would be unable to do the work required of us if we entered into a negatively sympathetic state of mind. We feel deep love and compassion, but always on the positive side. We never feel helpless or hopeless, for we remember that "the Father abiding in me doeth his works."

We know that the help we give must be known and felt in ourselves. We constantly work in developing ourselves through classes, through prayer, and through discipline in handling our work. We are well-organized. At eight o'clock in the morning we meet and read our DAILY WORD lesson. We unite in prayer with all persons

who are reading the lesson and all who are calling on Silent Unity for prayer help. We also pray at this time for ourselves for wisdom, order, and inspiration in answering our mail.

Prayer has been continuous in the Unity work ever since it was started. Ours is one of the few groups in the world that are organized for continuous prayer. Aside from our regular meetings—the DAILY WORD meeting at eight o'clock in the morning, the healing meeting at eleven, a noon prosperity silence, an afternoon meeting of special classes, and another healing meeting at nine in the evening—someone is constantly praying in our "Room of Light," which is known to thousands of people the world over. This is the room in which the light is always shining and someone is always praying. You can turn to the room of light at any time during the night, or at any time during the day and receive help in prayer. Hundreds of people tell us that the knowledge of this light in the window, constantly burning, reminds them that someone cares, someone is praying. Wherever they are, they tune in to this prayer and have and feel Silent Unity's blessing.

Though many people come to Unity Village to study, there is no need to come here in order to learn to pray with us. We can give you any instruction you may need when you write to us,

or call us. Co-operation in prayer is essential. God does not work for us, but through us. So it is necessary for you to co-operate with us in prayer in order to be benefited. Of course, when someone is unable to write or call for himself, we gladly pray with him through another individual who is willing to act as a center of faith and contact us for prayers.

Many persons go to church on Sunday and feel that they are giving enough to their spiritual life. But Jesus said: "Give us this day our daily bread," so we appropriate spiritual food every day, through prayer. But this prayer is not always quiet communion with hands folded and eyes closed. We know that "out of the abundance of the heart the mouth speaketh." So we speak words of light, life, peace, and plenty. We speak these words with power and with authority. And even the music of our typewriters is a form of prayer. All day our typewriters are writing out the words: "God is your light. God is your life. God is your prosperity. God is your happiness. God is your help in every need." Would you not call this an effective form of prayer?

We feel that our prayers are effective because we speak the truth about you. We speak of you as a child of God. We pray that you recognize and accept with faith the goodness of God which

is constantly poured out upon you. We pray that you may become aware that the vitalizing, renewing, cleansing life of God in the midst of you is healing you now. We pray that the light of God may shine in and through you to show you what steps you need to take in life. We pray that the justice of God may work in and through your affairs, that you may be prospered abundantly. We pray that you may adjust yourself to meet any situation and condition without much struggle or resistance. Above all, we pray that you may know that God is your help in every need.

We do not feel that the Silent Unity ministry is entirely dependent on the workers here at Unity Village. Thousands of persons all over the world are an important part of this work. Their prayers are helping us, and our prayers are helping them. Unity people are a great power for good in the world. Ours is a universal work, and all those who pray with us are important in helping the world to gain a more spiritual viewpoint.

Not only can each one of you be blessed, illumined, and healed by awakening to the knowledge of the Christ in you, but you can bless and help and heal the multitudes.

We receive thousands of requests for help each week and we also receive thousands of testimoni-

als of help received. What are the people like who write these requests and these testimonials? They are like you. They are like me. When a worker in Silent Unity has a need for prayer, he turns his name in to our prayer room. When I have a need, I turn my name in to the prayer room, the "Room of Light." Every worker has great faith in the spiritual work that is being done. If you were to read the letters on the desks of the workers at this moment, you might find: A farmer asking us to pray that his crops bring a good yield. A little boy asking prayers for his pet that has been lost or stolen. A mother asking prayers for herself and her family, that they may have a happy, harmonious home, a united family. A minister asking our viewpoint about a Bible passage. A well-known movie actress asking that she give a good performance, that she have the strength and endurance and health to do a good job. A government official asking us to pray that he may use wisdom in connection with his office. A doctor asking prayers for his patient.

You may be surprised to know that the world is full of praying people. We are very happy to be a part of this great praying group.

The Silent Unity ministry is based on the charge of Jesus Christ to His disciples: "As ye go, preach, saying, The kingdom of heaven is at hand. Heal

the sick, raise the dead, cleanse the lepers, cast out demons: freely ye received, freely give."

We like to feel that we are helping to make the teachings of Jesus Christ practical in the lives of all who call upon us.

To follow Jesus Christ is the mission of Silent Unity, and to do His work as His disciples is the goal.

THE PRAYER OF FAITH

BY HANNAH MORE KOHAUS

God is my help in every need;
God does my every hunger feed;
God walks beside me, guides my way
Through every moment of the day.

I now am wise, I now am true,
Patient, kind, and loving, too.
All things I am, can do, and be,
Through Christ, the Truth that is in me.

God is my health, I can't be sick;
God is my strength, unfailing, quick;
God is my all, I know no fear,
Since God and love and Truth are here.

Thursday

I LOOK TO GOD FOR GUIDANCE AND KNOW
THAT HIS GOOD IS NOW BEING ESTABLISHED
IN MY LIFE.

I GIVE thanks that God's Spirit within me is guiding me through every experience in life. Wherever I am, God is with me. I can turn to Him at any time, and His wisdom and guidance are instantly available. They enable me to act with faith, and make right decisions quickly and easily.

As I turn to the Spirit of divine wisdom within me, I receive increased light and understanding. I use this light and understanding in every phase of my relationship with others. Situations are improved, harmonized, and blessed.

I remember to look to God first. I trust Him to guide me through any problem or condition. I realize my oneness with Him, and with His wisdom and light. I see that which is forever eternal, true, and real. I express God's understanding and wisdom in every situation and new avenues to my highest good open before me.

✦ *Jehovah will guide thee continually . . . and thou shalt be like . . . a spring of water, whose waters fail not.*—ISA. 58:11.

Friday

SEPTEMBER 2

LORD, MAKE ME A GOOD RECEIVER.

LORD, MAKE me a good receiver. For I know that the law of giving and receiving is not completed until I myself am able to be receptive. Let me be free from any sense of false pride. Let me realize that the good that others would give to me they give out of a loving, generous spirit.

Lord, make me a gracious receiver. Let me know how to express the gratitude that I feel. Place in my mouth the words that will convey my thankful spirit.

Lord, make me a worthy receiver. Erase from my mind any thought that I am unworthy of the good that family and friends would bestow. Give me the grace to see myself as Your child, loved and respected by my fellow man.

Lord, make me a joyous receiver. Let me be so joyous, in the receiving of the good that others would give, that they see and feel my joy. Let me never be apologetic in accepting. Let me be sensitive to the need that others have to give.

Lord, make me a good receiver.

♣ *Grace is poured into thy lips.*—PSALMS 45:2.

Saturday

THE PERFECT PEACE OF GOD FILLS MY HEART
AND MIND. I AM INWARDLY CALM AND OUT-
WARDLY COMPOSED.

OUR EMOTIONS respond to our word of faith; our body responds to our peaceful, tranquil thoughts; our affairs feel the effect of perfectly balanced mind, body, and emotions.

Every time we exercise spiritual control over our emotions, we add to our inner strength and we acquire more poise; we become more self-possessed. We exercise spiritual control over our emotions by consciously calming ourselves, by stilling our mind and body and saying to our emotions, "God is in control, there is nothing to fear."

Let us not think of ourselves as nervous or excitable or easily upset. Rather, let us remind ourselves that the perfect peace of God fills our heart and mind. Let us affirm that we are inwardly calm and outwardly poised. Such an attitude will be of immeasurable help to us, and not only will we be blessed with emotional strength but we will be a blessing to others.

✦ *A tranquil heart is the life of the flesh.*—PROV. 14:30.

Sunday

SEPTEMBER 4

I HOLD MYSELF STRAIGHT AND TALL BOTH SPIRITUALLY AND PHYSICALLY, FOR MY HEART IS AGLOW WITH RADIANT AND JOYOUS OPTIMISM.

I STAND tall and straight this day, both within and without. I do not let my spirits sink, I do not let my shoulders droop. Regardless of the situations in which I may find myself I keep my thoughts on the all-conquering Spirit of God within me. I know that through this Spirit I can do and be all things.

I know that through my faith in God all things are set right. He heals me; He protects me; He prospers me; He guides me. Nothing is impossible to Him. I have nothing to fear.

The Spirit of God goes before me to prepare my way. My safety and security are assured. I walk with unwavering confidence in the all-adjusting Spirit of God. My mind is centered in the Mind of God, and I am poised and confident. My life is centered in the life of God, and I am filled with vitality and strength. My heart beats with the loving heart of God, and I am aglow with radiant and joyous optimism.

♣ *Son of man, stand upon thy feet.*—EZEK. 2:1.

Monday

I CONSECRATE AND DEDICATE MY SUBSTANCE
TO GOD'S GOOD PURPOSES.

SUBSTANCE is spiritual, mental, and material. And I work with it on these three levels of my being. First, I pray. Through prayer I allow the Christ Spirit within me to guide and direct me. Second, I think. I use the creative power of my thoughts. Third, I act. The spiritual inspiration I gain through prayer and the creative power of my constructive thinking help me to mold and to shape substance to fit my needs.

If I neglect one of these phases I am not living the perfectly balanced life that I am meant to live and that I am capable of living. If I think of myself as purely spiritual, I may neglect my mental and physical needs. If I dwell only in the mental realm, I am living on the surface, I am not functioning with full capacity. If I focus my attention on material substance alone, I am failing to lay the foundation for true prosperity.

I realize that I am rich only when I am spiritually developed, mentally alert, and actively producing.

✦ *The precious substance of men is to the diligent.*
—PROV. 12:27.

Tuesday

SEPTEMBER 6

I WALK IN WISDOM'S WAY AND I AM DIVINELY PROTECTED.

MANY PRAYERS for protection are going forth at this season of the year, for many children are starting back to school or they are attending school for the first time. Each prayer for safety is at the same time a prayer for wisdom. When we give thought to what we are doing, where we are walking, how we are driving, we find that we are a part of divine order. But when we are careless, reckless, preoccupied, our reactions are not so quick and effective as they should be, and we are out of order.

As we instruct our children to use wisdom in all that they do, let us also encourage them to place themselves in God's care and keeping. As we think of the persons driving on the busy streets and highways, let us think of them as being wise, watchful, and poised in all circumstances.

Let us stand fast in the thought of God's wisdom guiding all of His children, and we shall be able to relax and let go of any undue concern for the safety of our loved ones.

✦ *Jehovah is thy keeper.*—PSALMS 121:5.

SEPTEMBER 7

Wednesday

I AM LIFE.

I AM LIFE. I am life because I am made in the image and after the likeness of my Father God, who is life.

I am life. From the tip of my toes to the top of my head I am life. There is no inharmonious thought in my mind, no sluggish action in my body. Every faculty, every organ, every function works with perfection.

I am life. The thought of years bringing destruction and causing me to become infirm is exchanged for the thought of the years as bringing me greater knowledge of how to care for my body with wisdom. The thought of a condition being incurable is exchanged for a thought that with God there is no incurable disease. The thought of contagious disease is exchanged for the thought that health is catching.

I am life. I am not just alive; I am life! Life is not static. Life is growth. I do not stand still. I am in a constant process of renewal; I am a part of progress.

I am life.

✦ *God created man, in the likeness of God made he him.*—GEN. 5:1.

Thursday

SEPTEMBER 8

GOD BLESS ALL TEACHERS.

AT THIS season, when children and young people are returning to school or college, let us send forth a blessing for all teachers. Teachers have important work to do. Theirs is the task of inspiring and guiding the pupils and they are dealing with impressionable minds. What they are teaching today will be outpictured in the life of tomorrow.

We can bless teachers through prayer. Each day we can claim for them that blessing of patience, order, and understanding, so needful in their work. We can bless teachers through appreciation. Timely recognition of their efforts gives them encouragement and fresh inspiration. We can further bless teachers through our interest and co-operation, and by upholding and supporting them in their activities.

Let us recognize that to some extent we also are teachers. Many persons look to us for help, either directly or indirectly, as they try to learn life's lessons. Let us be so taught of God that our influence over other people will be helpful.

♣ *And he gave some to be . . . teachers.*—EPH. 4:11.

GOD IS WITH ME, MY STRENGTH, MY LIGHT,
MY HOLY COMFORTER.

GOD IS with us. How surely we know this in times of stress or great need! For when it seems that humanly we do not have strength to bear some experience or meet some situation, the strength of God rises up in us. Something in us seems to take over, and it is as though we heard the voice of God saying to us: "Do not be afraid. I am here. I will strengthen you and uphold you."

God is with us. This is the knowledge that we cling to when things in our world change, when dear ones pass on, when it seems as though the world we have known and loved is slipping from our grasp. "I am with you" is the strong assurance of the Spirit of God in us. Though all things change the eternal is changeless; the good is forever; the perfect endures. "I am with you and I will bring you through to a new place. I will reveal to you new visions of good. I will hold you by the hand and bless you, even as I uphold and bless all creation."

✦ *Fear thou not, for I am with thee; be not dismayed, for I am thy God: I will strengthen thee.—ISA. 41:10.*

Saturday

SEPTEMBER 10

WHEREVER I AM, I EXPRESS GOD IN THOUGHT,
WORD, AND ACTION.

WE HAVE all known persons whose very presence creates a good feeling. No matter what the circumstance or situation, they are a center of harmony and happiness.

We can be persons who express God's goodness. We can always think loving thoughts, speak kind words, and do helpful deeds. This does not mean that we are pretending; on the contrary, it means that we are looking at reality. We have the courage to stand firm, to speak positively, to send forth an inspiring thought because we let God express through us.

The goodness of God, that we express through our thoughts, words, and deeds, lifts and brightens the atmosphere. As we express God's good, we see faces light up and shoulders straighten. We see our friends and dear ones walk with more confidence and poise. We are filled with joy knowing that the expression of God's goodness continues from friend to friend, person to person, until the blessings reach around the world.

♣ *How beautiful . . . are the feet of him that bringeth good tidings.*—ISA. 52:7.

MY LIFE IS AN UPWARD, ONWARD PROGRESSION.

IF YOU feel that your life is not the upward, onward progression you would like it to be, you can change the direction right now. You can redirect your life by turning your whole attention to God. The moment you turn toward God you find His wisdom waiting to guide you, His love ready to strengthen and uphold you.

As you turn to God with your whole heart, your life will take an upward, onward direction. You need not regret the past, you need not relive the past. The experiences you have had were an important part of your journey. Now with your whole attention on God, your life can be an upward, onward progression. No longer will you be bound to the burdens of yesterday, no longer will you be concerned with the challenges of tomorrow. You go forward, step by step, in the assurance that God is with you.

In this present moment you are given the guidance you need, and you experience new adventures in happy living.

♣ *To the wise the way of life goeth upward.*—PROV. 15:24.



The Grapes of Grace

JAMES DILLET FREEMAN

Joy's grapes may not be bought;
They spring not from much thought;
They grow not with long toil
Nor from one certain soil;
Books only tell us how
To till, or prune the bough—
And many vines still bear
Poor grapes, though dressed with care.

But an unlikely vine
May yield God's choicest wine,
And truths I did not sow
In my mind's vineyard grow;
God's grapes of grace may start
And ripen in a heart
That had no forethought of
His gathering great love.



Monday

SEPTEMBER 12

I AM FREE, FOR I AM A CHILD OF GOD.

I AM free, for I am a child of God. I am one with Him, and my mind is at peace. His presence fills my being, and I am calm and confident in all that I do. I release all false fears and beliefs. I loose them and let them go. I am unbound. I am happy.

I am free. There is no weakness or imperfection in any part of my body. As a child of God I am one with His renewing, revitalizing, restoring life. God's life is my life, and I express this life as wholeness and perfection.

I am free. I withdraw my attention from thoughts of lack and negation. I remember that I am a child of God, and as God's child, I inherit His kingdom of abundance. Free from thoughts of limitation, I claim my inheritance and go forward into prosperity and success.

I am free, for I am a child of God. I know this truth about every phase of my life. I know this truth for my dear ones. I rejoice in my freedom and I rejoice in the freedom of all God's children.

✦ *Ye shall know the truth, and the truth shall make you free.*—JOHN 8:32.

CENTERED IN GOD, I SEE THE GOOD EVERY-
WHERE.

THE WORLD we live in is a wonderful place. On every hand there are sights that inspire us and cause our heart to rejoice. In truth we know that the beauty and wonder we see are the outpicturing of what is established in our mind and heart. The without indicates the within. So, we need to keep our heart right with God in order to be one with Him and with all good.

If things in the outer tend to go wrong, we can re-center ourselves in God. We accomplish this by turning from transient appearances to the abiding reality—God. If there is an appearance of sickness, we can see God present as health. Should inharmony arise, we can affirm the perfect harmony of God. Where there appears to be lack, we can recognize God's presence as abundant supply. Should there be misunderstanding of any kind, we can declare that God is light, and the way becomes clear. As we keep ourselves centered in God, the good appears everywhere.

*For Jehovah . . . loveth righteousness:
The upright shall behold his face.*

—PSALMS 11:7.

Wednesday

SEPTEMBER 14

MY HEART IS LIFTED UP, AND I AM STRENGTHENED, ENCOURAGED, AND HEALED.

IF YOU want your life to be brighter, happier, and healthier, take time to lift up your heart. This is an important activity. Sometimes personal anxieties, disappointments, actions of other persons, or physical conditions may cause you to feel downhearted. But you can rise out of this. Strength, encouragement, and healing are yours as you take time to lift up your heart.

You lift up your heart by casting out all negative thoughts and feelings and replacing them with thoughts and feelings of a positive nature. Instead of being anxious, put your trust in God. Instead of dwelling on disappointments, start giving thanks. Instead of harboring hurt feelings, fill your heart with love. Instead of looking at physical appearances, look to God in faith and claim your healing.

As you do this, your life becomes brighter, happier, healthier. Your entire being is filled with joy as you declare: "My heart is lifted up, and I am strengthened, encouraged, and healed."

♣ *His heart was lifted up in the ways of Jehovah.*—II CHRON. 17:6.

SEPTEMBER 15

Thursday

MY FAITH IS IN GOD.

AM I PUTTING my faith in God or in negative appearances?

If I hear reports of unrest or disturbance in the world, do I affirm my faith that God is mighty in the midst of the situation to establish peace, harmony, and freedom? Do I affirm that His justice and order are now at work in the world?

If I am told that someone has what is termed an incurable disease, am I strong in affirming my faith in God's healing power instantly at work renewing, quickening, and healing him? Do I remind myself that there is no incurable disease in God's sight?

If a friend is out of employment, do I affirm my faith in God's prospering power at work in his life to lead him to his right position? Do I remind myself that when one door closes another door opens?

I have all the faith I need. But I must use it. And the more I use it, the more it grows.

♣ *Choose you this day whom ye will serve . . . but as for me and my house, we will serve Jehovah.*—JOSH. 24:15.

Friday

SEPTEMBER 16

DIVINE ORDER IS NOW ESTABLISHED IN MY MIND AND IN MY AFFAIRS.

A CHILD learns to walk by taking one step at a time. I learn to handle my affairs by doing one thing at a time. If I have a sense of frustration or burden, if I feel incompetent to meet life, I still my thoughts and feel the truth of this idea: "Divine order is now established in my mind and in my affairs."

The divine order that is now established helps me to do the things that need to be done at this moment. This is the moment I am living! As I do the things that must be done now, the next moment of my life will be in divine order. I will do in that moment the things that must be done.

A familiar hymn tells us: "Moment by moment, I'm doing His will," and with that attitude divine order is established in my mind and affairs. Certainly God's will for me is an orderly life, an unburdened heart. And as I learn to do one thing at a time—the thing that God's intelligence directs me to do—I find that I am competent to meet and to enjoy life.

♣ *Yet am I with you in the spirit, joying and beholding your order.*—COL. 2:5.

SEPTEMBER 17

Saturday

THE GLORY OF THE CHRIST CONSCIOUSNESS,
NOW AWAKENED IN MY SOUL, QUICKENS,
ILLUMINES, AND HEALS ME.

JESUS CHRIST knew His origin in God. He knew that His power to heal and help others was from God's own Spirit, the Christ Spirit within Him. Through communion with God in prayer, Jesus learned to renew and strengthen His faith, and He acknowledged God in all that He did.

I, too, have the Christ power within me. By becoming aware of that power and by looking to the Christ within, I can help myself and others. It is through prayer that I become more aware of the Christ power indwelling. It is through prayer that I put this power to work in my life to bless myself and others.

My words and thoughts are filled with the Christ power, and they accomplish what I send them forth to do. I think only positive thoughts. I speak only words that quicken, illumine, and heal. The glory of the Christ consciousness, now awakened in my soul, quickens, illumines, and heals me.

♣ *Christ in you, the hope of glory.*—COL. 1:27.

Sunday

SEPTEMBER 18

I WORK WITH THE INDWELLING POWER OF GOD, AND I REAP THE PERFECT EXPRESSION OF HIS GIFTS IN MY LIFE AND AFFAIRS.

JESUS COMMANDED us to seek first God's kingdom. He promised that then the outer things we need will be given to us. In striving only for wealth, power, and material goods we defeat our true purpose. The real desire that we have is not for outer things themselves but to know and express the God power that is within us. When we seek God first in this way, the outer things that will bless us come without our conscious effort or concern for them.

Let us seek to put God first in whatever we do. Let us work "as unto the Lord," doing each task for Him. When we work in this way, anything we do, no matter how lowly, we do willingly and gladly. We give our best to everything we do and we do not begrudge the time or the effort.

When we learn to do all our tasks in this spirit, remembering that we are serving God, we cannot keep from reaping the perfect expression of His gifts in our life and in all our affairs.

♣ *Whatsoever ye do, work heartily, as unto the Lord, and not unto men.*—COL. 3:23.

I AM JUST, HONEST, AND HONORABLE IN ALL MY DEALINGS WITH OTHER PERSONS, AND MY LIFE IS PLENTIFULLY BLESSED.

THE MAN who deals justly, honestly and honorably with everyone sets himself under the law of giving and receiving. He is doing God's will and he finds that his life is plentifully blessed.

The man who conducts his affairs with little regard for that which is just, honest, and honorable is also setting himself under the law of giving and receiving. But he will find that his life is disordered, unsatisfying, and disappointing.

Let us consider how we conduct our affairs. Let us be certain that we deal justly with all persons in all circumstances. Let us be honest. Let us give full measure of our service, attention, loyalty, and interest. Let us be honorable. Let us maintain a high level of integrity, and uphold all that is Godlike. We will find that being just, honest, and honorable is a good way of life and rewards us with both inner peace and outer prosperity.

✦ *Jehovah . . . plentifully rewardeth him that dealeth proudly.*—PSALMS 31:23.

Tuesday

SEPTEMBER 20

MY SPIRIT IS AGELESS; THEREFORE I AM AGELESS, TOO, FOR I AM MY SPIRIT.

A CHARMING, intelligent woman expressed the idea we are using as today's prayer thought. She beautifully proves that she is ageless; she is modeling clothes and taking an active interest and part in life. The fact that she has celebrated her eighty-first birthday simply makes her more of an example of agelessness.

We are not bound by a year registered on a birth certificate or entered in the family Bible. There may be circumstances that necessitate our referring to this date, but the date itself does not make us either old or young.

We are ageless when we accept the truth that our spirit is ageless, therefore we are ageless, too, for we are our spirit. Such an attitude frees us from the limitations we might otherwise impose on ourself, it lifts barriers we might place in our own path. Such an attitude encourages us to keep an active interest in our world today. Such an attitude insures continued participation in healthful, worthwhile pursuits that make us contributors toward a better, happier world.

♣ *With long life will I satisfy him.*—PSALMS 91:16.

SEPTEMBER 21

Wednesday

I DEVELOP STRONG, POSITIVE THINKING HABITS.

A GOOD habit to cultivate and develop is the habit of thinking strong, positive thoughts. Let us check on our thought processes daily, for it is easy to slip into negative thought patterns even when we know the creative power of thought.

It is only when we consider the thoughts that are running through our mind, taking our time, consuming our energy, that we can change a negative attitude into a positive attitude. When we give prayerful attention to what we think, we can, thought by thought, form the habit of meeting every circumstance with a strong, positive thought.

Once the habit of thinking strong, positive thoughts is established, we have perfect insulation against fear-filled, negative thoughts. Once the habit of right thinking is established, what we read in the newspaper, hear on the radio, and see on television does not intimidate us. We are able to take a right attitude that can prove helpful to ourselves and to all who may be affected.

♣ *For as he thinketh within himself, so is he.*—PROV. 23:7.

Thursday

SEPTEMBER 22

I KNOW MYSELF TO BE A MEMBER "OF THE HOUSEHOLD OF GOD" AND I AM NEVER LONELY.

THERE ARE people who are lonely in the midst of a crowd. There are people who suffer a letdown at certain periods in the week or certain seasons of the year. There are people who feel lost unless they are occupied with some activity, participating in some form of amusement.

The best way to overcome loneliness is to take our attention off ourselves and place it on others. The surest way to invite happiness is to seek to impart happiness to others. Is there anything more satisfying than the thought that we are part of all that is good, part of God?

Prayer helps us to feel our oneness with other people. Prayer helps us to recognize and appreciate our blessings. Prayer helps us to contribute to our world in a way that brings us a joy not based on outer things but rather based on eternal values. Then we are never lonely. We know ourself to be a member "of the household of God."

✦ *Then ye are no more strangers and sojourners, but ye are . . . of the household of God.*—EPH. 2:19.

I PRAY FOR YOU IN LOVE AND FAITH.

CAN PRAYER help free a person from bondage to drink or some other destructive habit? Of course it can! This has been proved over and over again. So, if we are concerned about someone who needs to be set free, who needs to find himself, let us give him our prayers.

When we pray for others it is important that we first lift up our consciousness to the place where we can see beyond the appearances, beyond the situation as it seems to be, and behold the Spirit of God in the one for whom we are praying. Our prayer then is not: "O God, save this miserable sinner," but rather: "God, this is Your beloved child. Reveal Yourself through him, let Your light shine in him, let darkness disappear and a new spirit arise in him." Whenever you think of one in need of freedom and light, think of him as possessing God's own Spirit. Bless him in the realization that there is a spirit in him that responds to Truth, a spirit that may be momentarily forgotten, but never lost.

♣ *The supplication of a righteous man availeth much in its working.*—JAMES 5:16.

Saturday

SEPTEMBER 24

GOD IS WITHIN ME AS THE GOOD I SEEK.

GOD'S ABUNDANT good is everywhere present, but I seek the good that He has for me within myself. I must stop searching in outer ways for life, wisdom, happiness, and peace. I must look within and find God's presence as my abundant good.

I seek within my mind and there I find God's wisdom. I seek within my heart and there I find His love. I seek deep within my soul and there I find His presence as light and life, peace and power, strength and joy.

Jesus promised that if I would seek first the kingdom of God all things would be added unto me. I seek God's kingdom within myself through faithful prayer, and the promise is fulfilled. I find radiant health, abundant supply, harmonious relationships, all of the goodness of God.

Since God's abundant good is everywhere, it is present with my dear ones. It is within them as the good they seek. It is present as their health, their guidance, their protection, their peace, their joy and happiness.

♣ *Seek ye his kingdom, and these things shall be added unto you.*—LUKE 12:31.

I FIND MY PEACE IN GOD.

THE LIFE that has a spiritual foundation abides in the peace of God. As we abide in this peace, we escape any noise, confusion, fear, and worry that may be in the world around us. We go through each day blessed with peace of mind and peace in our affairs.

Once we realize that God is peace and that He is always with us we experience an inner calm and serenity. No matter what confusion or strife may be going on around us, we remain poised and peaceful. We withdraw our attention from appearances and direct our thoughts within as we affirm: "I find my peace in God." If we are concerned with upheaval or confusion in the life of our dear ones, we say for them: "You find your peace in God."

Because we are established in God's peace, we gain a deeper understanding of the truth that prevails in every situation. We have a sense of being at home with God wherever we are.

God is with us, and He is with our dear ones: we find peace in Him.

✦ *Peace I leave with you; my peace I give unto you.*
—JOHN 14:27.

Monday

SEPTEMBER 26

MY MIND IS OPEN AND RECEPTIVE. I WELCOME EVERY OPPORTUNITY TO LEARN.

TO LIVE is to learn. We can constantly learn new ways of approaching life, new methods of doing our work, new facts about the world we live in. But sometimes we shut ourselves off from learning new things. We close our mind. Perhaps we feel that we know all that we need to know. Perhaps we feel that it is more spiritual to be uninterested in the world we live in. The truth is that to live is to learn.

Certainly since we equate God with light, man should be enlightened. "Let there be light" was not meant for a beginning creation only. "Let there be light" is meant for you and for me, for every person. And an open, receptive mind invites the light to shine through and illumine circumstances and events.

As we welcome every opportunity to learn more about God, about ourselves, about our body, about our world, about other people, we are welcoming more of life. As we "let there be light" we have dominion, we grasp our opportunities, and live fruitful lives.

♣ *Let there be light.*—GEN. 1:3.

Tuesday

THE SAME CHRIST SPIRIT THAT WAS IN JESUS IS IN ME, AND I AM A TOWER OF STRENGTH.

THROUGH my constant awareness of the Christ Spirit within me I am a tower of strength. If some one of my family or some one of my friends comes to me with a problem, I allow the Christ Spirit to speak through me to bless and to inspire.

Because I recognize the Spirit within, I am not going to feel helpless if conditions in life indicate a need for change. If I behold an appearance of inharmony, ill health, lack, or injustice, I turn to the Spirit that helped Jesus to see through appearances to reality.

My every thought and word is in tune with the Christ Spirit. I think of light, life, peace, plenty, and order. I speak of light, life, peace, plenty, and order. No matter what my physical sight may seem to reveal, I am so quickened by the indwelling Christ that my spiritual sight pierces the darkness and finds the light. In this way I am a tower of strength, as Jesus was a tower of strength to all the people He prayed for.

✦ *To each one is given the manifestation of the Spirit to profit withal.*—I COR. 12:7.

Wednesday

SEPTEMBER 28

HEALTH IS MY HERITAGE. I AM CLAIMING IT NOW.

HEALTH is my heritage. Where before I may have thought of myself as inheriting weakness or imperfection, I now think of myself as inheriting life and wholeness. Where before I may have expected that at a certain or stated age my body must deteriorate, I now realize that the life that is my heritage is not limited to any measure of time. Years cannot affect me adversely. Years provide me with opportunity to learn more of my true nature as God's perfect child.

Health is my heritage. I am claiming it now. I claim it when I deny any appearance of inharmony. I claim it when I refuse to believe in contagion. I claim it when I recognize that life is ever-increasing through my wise and loving use of the energies that I have.

Health is my heritage. I am claiming it now. I claim it in thought. I claim it in word. I claim it by my actions. I claim it for myself. I claim it for my family, for my friends, and for all those persons I would help. I claim it and I enjoy it.

♣ *Yea, I have a goodly heritage.*—PSALMS 16:6.

SEPTEMBER 29

Thursday

THROUGH FAITH AND WORKS I OPEN THE WAY FOR THE INFLOW OF GOD'S ABUNDANCE.

IF THERE seems a need for more supply or greater prosperity in our affairs, we can take steps to improve the situation. When we need more fresh air or sunlight in our home, we raise the shades and open the windows. Similarly, if there is an appearance of lack in our life, we can open the way for the inflow of God's abundance.

We open the way by exercising our faith. God has provided abundance for all our needs, and has promised that no good thing shall be withheld. But to receive, we must believe. We open the way by developing a thankful spirit. Thankfulness adds value to the good we have and attracts the additional good we need. We also open the way by giving. Even when our supply seems small, there is always something we can give. Giving makes room for the needed blessings.

As we continue to open the way for the inflow of God's abundance, our needs are met and our life is filled with all the fulness of God.

* *If any man . . . open the door, I will come in to him.*—REV. 3:20.

Friday

SEPTEMBER 30

I AM AWARE OF GOD'S PRESENCE IN AND AROUND ME. I TRUST HIM AND I AM CALM AND SAFE.

DO YOU long to be completely free from fear? Today is the time to begin the journey out of fear into peace, security, and complete freedom. You begin this journey by accepting, without reservation, the truth that God is always with you. Wherever you are, God is, and in God there is nothing to fear.

The second step of your journey is to become so aware of your oneness with God that you can be fearless in any situation or under any circumstance. Say to yourself often during the day: "I am aware of God's presence in and around me. I trust Him and I am calm and safe." Become consciously aware of God. Practice this awareness of His presence in your home, on the street, in your car, at your work, wherever you are.

Trust God. Know that His loving presence is right where you are. You are released from all fear. You are happy! You are free!

*Whither shall I go from thy spirit?
Even the night shall be light about me.*

—PSALMS 139:7, 11 (A.V.).

Visit Unity this Autumn For One of These Three Retreats

Men of Unity Retreat - - - October 2 to 7

Fall Retreat - - - October 8 to 15

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At this season, Unity Village is very beautiful, dressed in the red and yellow and rich brown of autumn. You will find true relaxation and spiritual renewal through spending a week in these pleasant surroundings, studying Bible thoughts and the Truth teaching under trained instructors.

For further information about the three Autumn Retreats listed above, or to make reservations to attend any of them, write to: The Director, Unity Retreats, Unity School of Christianity, Lee's Summit, Missouri.

For Unity Fellowship in Your Area

If you would like to meet other people interested in Truth and study with them without coming so far as Unity Village, you may be able to do so in your own locality through attending a Unity Center. There are more than 250 of these centers throughout the United States, and in some other countries. Look in your telephone directory, or write to the Field Department, Unity School of Christianity, Lee's Summit, Missouri, for the address of the Unity Center nearest you.

**UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI**

"NEED YOUR FAITH LIFTED?"



"My eyes told me it was true. My name was written on the dreaded blue paper in my pay envelope. Without reading it I knew what it meant. Fired."

These are the opening words of an unusual article by H. B. Walters in the September 25 number of *Weekly Unity*. It tells how a man lost his job, yet was able to make this experience a "faith-lift," going on to inspiring experiences and a much better job—with the same company!

You will want to read "Need Your Faith Lifted?" and you will find equal help and enjoyment in the other articles presented in *Weekly Unity* each week. The magazine also includes special feature departments, including a column by Lowell Fillmore, a message from Silent Unity, and letters telling of answered prayers. Poems and fine pen-and-ink drawings add beauty to each issue.

For your own inspiration or for a friendly gift, *Weekly Unity* is ideal, because it provides a "faith-lift" every seven days. A full year's subscription—52 issues—is only \$2.

UNITY SCHOOL OF CHRISTIANITY
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This Practical Book Will Help You Solve Your Problems

"There is nothing in your life, absolutely nothing, that cannot be changed, corrected, and cured."

This is the plain statement made by author William A. Clough in *How to Claim Your Good*, the newest Unity book, brought out just this summer. This is a practical book, written by a man with much experience in applying Truth to daily living. If you have problems of health, prosperity, or human relations—and who doesn't have some problems?—this book will help you solve them.

We might say this is a book edited by its readers for their own needs, because each chapter originally appeared as an article in the Unity publications, and is included in the book because it proved to be a favorite for both helpfulness and interest. Chapters include: "Be Not Dismayed," "Do You Know What You Want?" "Harmony in the Home," "The Land of Beginning Again," and many more.

Order your copy of *How to Claim Your Good*, priced at only \$2, today; or if you already have a copy, why not give the book to a friend?



UNITY SCHOOL OF CHRISTIANITY
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Unity School of Christianity, Lee's Summit, Mo.

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